

# Lisiecki Bieg Mikołajów

Klasyfikacja: Dziesiątka Siemaszki

Kategoria: Open

Lp.	Nr	Imię	Nazwisko	Rok	Płeć	Miasto	Klub	PK1	PK2	Meta	K	M	Kat.
1	304	Patryk	Rydziński	1995	M	Zakopane	UKS Filipides Teresin	00:17:34.8	00:16:25.1	00:34:00.0	1		M14-29/1
2	123	Adrian	Kijowski	1993	M	Żabno	RunnerTeam	00:17:34.2	00:16:52.7	00:34:27.0	2		M14-29/2
3	301	Jacek	Rudziński	1984	M	Kocmyrzów Zdrój		00:17:34.6	00:16:56.3	00:34:31.0	3		M30-39/1
4	21	Dominik	Piwowarczyk	1988	M	Kraków	#AdamCzerwińskiTeam	00:17:33.8	00:16:57.1	00:34:31.0	4		M30-39/2
5	360	Rafał	Sułkowski	1999	M	Limanowa		00:17:35.7	00:18:01.2	00:35:37.0	5		M14-29/3
6	27	Piotr	Kobylarz	1986	M	Rzeszów	Rzeszowskie Gazele i Gepardy	00:18:33.4	00:17:47.5	00:36:21.0	6		M30-39/3
7	111	Krzysztof	Majka	1990	M	Dąbrowa Tarnowska	PTG SOKÓŁ ŚWIAT PRACY	00:18:31.0	00:18:22.9	00:36:54.0	7		M14-29/4
8	314	Sergii	Rymarenko	1988	M	Kraków	AZS AWF KRAKÓW MASTERS	00:18:10.2	00:18:43.7	00:36:54.0	8		M30-39/4
9	298	Jakub	Piech	1986	M	Kraków	Kuba Piech - Running Coach	00:19:05.6	00:18:05.3	00:37:11.0	9		M30-39/5
10	77	Bogdan	Czyszczoń	1973	M	Gdów		00:18:49.2	00:18:25.7	00:37:15.0	10		M40-49/1
11	211	Magdalena	Nabielec	1991	K	Kraków	ITMBW Kraków	00:18:56.0	00:19:21.9	00:38:18.0	1		K14-29/1
12	302	Kacper	Pałka	1997	M	Dąbrowa Górnicza		00:19:12.5	00:19:27.4	00:38:40.0	11		M14-29/5
13	113	Bogusław	Opryszek	1968	M	Kraków	ITMBW Kraków	00:19:53.9	00:19:21.0	00:39:15.0	12		M50-59/1
14	256	Daniel	Natkaniec	1994	M	Krakow		00:18:59.7	00:20:23.2	00:39:23.0	13		M14-29/6
15	12	Tomasz	Domagala	1983	M	Krakow		00:19:44.2	00:19:43.8	00:39:28.0	14		M30-39/6
16	158	Adam	Szostak	1986	M	Wieruszyce	Fit-as	00:19:53.7	00:19:41.3	00:39:35.0	15		M30-39/7
17	355	Konrad	Zawartka	1994	M	Kraków		00:19:54.5	00:19:44.5	00:39:39.0	16		M14-29/7
18	334	Łukasz	Wągroda	1978	M	Krzeszowice	Dogoń Krzeszowice	00:19:54.7	00:19:58.2	00:39:53.0	17		M40-49/2
19	347	Vittoriano	Renò	1987	M	Krakow	Pesce	00:20:08.0	00:19:56.9	00:40:05.0	18		M30-39/8
20	7	Ryszard	Siwak	1975	M	Kraków	Biegamow Kraków	00:20:24.8	00:19:55.1	00:40:20.0	19		M40-49/3
21	361	Dariusz	Gorczyca	1991	M	Kraków		00:21:07.9	00:20:12.1	00:41:20.0	20		M14-29/8
22	358	Daniel	Rosiek	1985	M	Kraków	Eskadra Kraków	00:20:42.6	00:20:54.3	00:41:37.0	21		M30-39/9
23	325	Agnieszka	Krowicka	1982	K	Kraków		00:21:01.6	00:20:40.4	00:41:42.0	2		K30-39/1
24	168	Marcin	Kokoszka	1990	M	Bochnia		00:21:03.8	00:20:39.1	00:41:43.0	22		M14-29/9

25	137	Rafał	Michalik	1996	M	Kraków	Lacho Team	00:20:36.8	00:21:22.2	00:41:59.0	23	M14-29/10
26	51	Filip	Fijałkowski	1987	M	Kraków	enduhub.com	00:21:11.4	00:20:52.5	00:42:04.0	24	M30-39/10
27	339	Mateusz	Kilian	1985	M	Kraków	Józefińska Team	00:21:01.2	00:21:07.7	00:42:09.0	25	M30-39/11
28	296	Maria	Bahranowska-Kilian	1993	K	Kraków	AZS AWF KRAKÓW MASTERS	00:21:01.0	00:21:09.9	00:42:11.0	3	K14-29/2
29	282	Łukasz	Nowak	1985	M	Kraków		00:21:22.8	00:21:03.1	00:42:26.0	26	M30-39/12
30	141	Elżbieta	Brzeska	1986	K	Kraków	Lacho Team	00:21:09.9	00:21:16.0	00:42:26.0	4	K30-39/2
31	177	Ireneusz	Rabski	1985	M	Skomielna Biała		00:21:18.1	00:21:17.8	00:42:36.0	27	M30-39/13
32	167	Grzegorz	Kosek	1990	M	Kraków		00:21:29.2	00:21:10.7	00:42:40.0	28	M14-29/11
33	310	Piotr	Piszczek	1997	M	Głogoczków		00:21:02.0	00:21:38.9	00:42:41.0	29	M14-29/12
34	159	Michał	Kubat	1979	M	Gdów	Gdów Proud Runners	00:20:09.3	00:22:45.7	00:42:55.0	30	M40-49/4
35	146	Joanna	Nabielec	1988	K	Kraków	ITMBW Kraków	00:21:00.3	00:21:59.6	00:43:00.0	5	K30-39/3
36	92	Adam	Kuć	1995	M	Kraków		00:21:52.9	00:21:12.0	00:43:05.0	31	M14-29/13
37	286	Izabela	Klecka	2001	K	Brzesko		00:21:53.2	00:21:16.8	00:43:10.0	6	K14-29/3
38	199	Jacek	Kluźniak	1975	M	Kielce	TRINERGY	00:22:20.1	00:20:55.8	00:43:16.0	32	M40-49/5
39	225	Mateusz	Łabno	1994	M	Tarnów		00:22:34.2	00:20:53.7	00:43:28.0	33	M14-29/14
40	293	Łukasz	Kalicki	1982	M	Filipowice	Team UŻABY.PL	00:21:34.1	00:21:58.8	00:43:33.0	34	M30-39/14
41	195	Łukasz	Nowak	1991	M	Jeziorzany		00:22:19.8	00:21:20.1	00:43:40.0	35	M14-29/15
42	275	Kamil	Jaroch	1992	M	Kraków		00:21:58.7	00:21:44.2	00:43:43.0	36	M14-29/16
43	326	Marcin	Drabik	2000	M	Węglówka		00:21:30.9	00:22:14.0	00:43:45.0	37	M14-29/17
44	89	Łukasz	Szlachtowski	1994	M	Nowy Targ		00:21:36.8	00:22:15.2	00:43:52.0	38	M14-29/18
45	313	Mykhailo	Stroiuk	1991	M	Krakow		00:22:28.7	00:21:26.2	00:43:55.0	39	M14-29/19
46	41	Łukasz	Mordawski	1986	M	Zabierzów		00:21:59.9	00:22:07.0	00:44:07.0	40	M30-39/15
47	1522	Remigiusz	Kucharski	1985	M	Jelenia Góra		00:22:11.1	00:22:10.8	00:44:22.0	41	M30-39/16
48	124	Maciek	Michałowski	1984	M	Kraków	ITMBW Kraków	00:22:16.5	00:22:12.4	00:44:29.0	42	M30-39/17
49	48	Marcin	Czyżewski	1982	M	Kraków	Reventon	00:22:24.0	00:22:07.9	00:44:32.0	43	M30-39/18
50	1518	Marek	Gaj	1977	M	Krzyszowice	Lorza Szydercuf	00:24:10.4	00:20:24.5	00:44:35.0	44	M40-49/6
51	118	Marzena	Głuszek	1992	K	Krakow		00:22:06.7	00:22:29.2	00:44:36.0	7	K14-29/4
52	121	Jarosław	Kuć	1966	M	Kraków	Lacho Team	00:22:19.4	00:22:19.5	00:44:39.0	45	M50-59/2
53	332	Patryk	Pyż	2002	M	Zaskale	runonline	00:22:15.2	00:22:24.7	00:44:40.0	46	M14-29/20

54	176	Józef	Rabski	1959	M	Skomielna Biała	KS Luboń Skomielna Biała	00:22:22.4	00:22:21.5	00:44:44.0	47	M60-99/1
55	147	Anna	Kawalec	1986	K	Kraków	Eskadra Kraków	00:22:21.8	00:22:26.1	00:44:48.0	8	K30-39/4
56	166	Paweł	Wroński	1983	M	Krzyszowice		00:22:04.7	00:22:43.2	00:44:48.0	48	M30-39/19
57	47	Paweł	Matejski	1987	M	Kraków	Wybierz 87	00:22:38.9	00:22:10.0	00:44:49.0	49	M30-39/20
58	55	Marcin	Kunz	2001	M	Kraków	Lacho Team	00:22:40.6	00:22:10.3	00:44:51.0	50	M14-29/21
59	350	Tomasz	Pałka	1975	M	Limanowa		00:22:15.1	00:22:54.8	00:45:10.0	51	M40-49/7
60	241	Michał	Kowalski	1989	M	Kraków	POLKAS/TriWise	00:23:25.0	00:21:46.9	00:45:12.0	52	M30-39/21
61	245	Michał	Hachlowski	1975	M	Alwernia		00:22:58.5	00:22:18.4	00:45:17.0	53	M40-49/8
62	131	Paweł	Lichota	1987	M	Brzezinka	Team Brzoza	00:22:20.5	00:23:02.5	00:45:23.0	54	M30-39/22
63	188	Jakub	Duś	1993	M	Kraków	Kraków Airport Running Team	00:23:26.7	00:22:04.2	00:45:31.0	55	M14-29/22
64	110	Piotr	Wójtowicz	1982	M	Nisko		00:23:27.2	00:22:04.7	00:45:32.0	56	M30-39/23
65	154	Anna	Pawlik	1990	K	Kraków	Lacho Team	00:22:29.7	00:23:11.2	00:45:41.0	9	K14-29/5
66	163	Wojciech	Sułkowski	1972	M	Limanowa	Limanowa Biega!	00:22:31.7	00:23:16.2	00:45:48.0	57	M40-49/9
67	261	Adam	Boruta	1985	M	Kraków	-BrT-	00:24:03.0	00:21:47.9	00:45:51.0	58	M30-39/24
68	128	Elżbieta	Król	1971	K	Kraków	Eskadra Kraków	00:22:40.0	00:23:13.9	00:45:54.0	10	K40-49/1
69	272	Mariusz	Grabowski	1982	M	Kraków	#AdamCzerwińskiTeam	00:23:04.8	00:22:51.1	00:45:56.0	59	M30-39/25
70	208	Sylwek	Łabno	1992	M	Kraków		00:23:05.6	00:22:51.3	00:45:57.0	60	M14-29/23
71	155	Adrian	Hejmo	1983	M	Kraków	13 Chorągiew NMP	00:22:22.9	00:23:37.0	00:46:00.0	61	M30-39/26
72	367	Krzysztof	Klimas	1988	M	Myślenice	JJ Team	00:23:53.6	00:22:13.3	00:46:07.0	62	M30-39/27
73	289	Tadeusz	Smoter	1956	M	Kraków-Nowa Huta	Eskadra Kraków	00:23:29.2	00:22:53.8	00:46:23.0	63	M60-99/2
74	288	Adam	Kutyła	1970	M	Wadowice	Ponar Wadowice	00:23:25.2	00:23:07.7	00:46:33.0	64	M40-49/10
75	140	Agata	Gądek	1977	K	Kraków		00:23:18.6	00:23:22.3	00:46:41.0	11	K40-49/2
76	290	Andrzej	Piotr	1979	M	Kraków	SAMOTNY WILK	00:23:43.2	00:23:05.7	00:46:49.0	65	M40-49/11
77	348	Kamil	Szymura	2004	M	Rybnik	Decathlon Rybnik Przyjaciele	00:22:35.0	00:24:22.9	00:46:58.0	66	M14-29/24
78	324	Daniel	Grzyb	1989	M	Tarnów	Prof-Geo	00:23:57.6	00:23:09.3	00:47:07.0	67	M30-39/28
79	120	Tomasz	Jargus	1982	M	Podolsze	podolsze.pl	00:23:23.2	00:23:50.7	00:47:14.0	68	M30-39/29
80	363	Filip	Ciałowicz	1987	M	Kraków	Kraków Airport Running Team	00:24:10.6	00:23:10.3	00:47:21.0	69	M30-39/30
81	370	Andrzej	Jamróż	1997	M	Kraków		00:23:05.6	00:24:21.3	00:47:27.0	70	M14-29/25
82	316	Małgorzata	Zaborowska	1977	K	Kaszów		00:23:43.9	00:23:44.0	00:47:28.0	12	K40-49/3

83	148	Wiktor	Krzak	1985	M	Kraków	Nowohucki Kombinat Sportowy	00:23:57.8	00:23:42.1	00:47:40.0	71	M30-39/31
84	1502	Mateusz	Kalman	1991	M	Kraków	Daleko Jeszcze?	00:24:13.9	00:23:27.0	00:47:41.0	72	M14-29/26
85	83	Jarek	Dziedzicki	1988	M	Kraków	Bananowy Potwór	00:24:32.4	00:23:12.5	00:47:45.0	73	M30-39/32
86	171	Agnieszka	Sliwa	1986	K	Libertów		00:23:46.8	00:24:05.1	00:47:52.0	13	K30-39/5
87	175	Piotr	Ogar	1985	M	Kraków		00:23:31.5	00:24:24.4	00:47:56.0	74	M30-39/33
88	114	Jan	Tarnawski	2003	M	Wieliczka	WKS Wawel	00:24:42.6	00:23:21.3	00:48:04.0	75	M14-29/27
89	19	Michał	Ptak	1984	M	Rząska	J3 Triathlon Team	00:24:33.2	00:23:35.7	00:48:09.0	76	M30-39/34
90	196	Maksymilian	Szot	2003	M	Kraków		00:23:35.2	00:24:50.8	00:48:26.0	77	M14-29/28
91	117	Maciej	Masialski	1992	M	Podolsze		00:25:03.8	00:23:31.1	00:48:35.0	78	M14-29/29
92	64	Darek	Jamka	1982	M	Tarnów		00:24:59.9	00:23:36.0	00:48:36.0	79	M30-39/35
93	299	Aneta	Pietraszek	1991	K	Kraków		00:24:45.2	00:23:53.8	00:48:39.0	14	K14-29/6
94	185	Pawel	Basara	1986	M	Skawina	Treco laser	00:24:39.7	00:24:06.2	00:48:46.0	80	M30-39/36
95	243	Stanisław	Mida	1980	M	Tymowa	BYLE DO METY	00:24:45.6	00:24:05.3	00:48:51.0	81	M30-39/37
96	134	Łukasz	Romanowski	1981	M	Kraków	Husaria Race Team	00:24:08.8	00:24:48.1	00:48:57.0	82	M30-39/38
97	351	Nina	Szumny	1987	K	Kraków		00:24:56.8	00:24:02.1	00:48:59.0	15	K30-39/6
98	280	Mateusz	Malinowski	1981	M	Skawina	Treko Laser	00:24:45.4	00:24:26.6	00:49:12.0	83	M30-39/39
99	50	Piotr	Kaputa	1988	M	Kielce		00:24:43.1	00:24:29.8	00:49:13.0	84	M30-39/40
100	1	Michał	Mleko	1986	M	Krakow	Itmbw Kraków	00:24:36.8	00:24:36.2	00:49:13.0	85	M30-39/41
101	267	Cecylia	Job	1972	K	Lusina	ITMBW Kraków	00:25:11.4	00:24:01.5	00:49:13.0	16	K40-49/4
102	80	Jakub	Hamuda	1980	M	Bochnia	Creative Bochnia Biega Team	00:25:40.8	00:23:36.1	00:49:17.0	86	M30-39/42
103	265	Rafał	Kłosowski	1976	M	Bochnia	Creative Bochnia Biega Team	00:25:41.3	00:23:36.6	00:49:18.0	87	M40-49/12
104	224	Sławomir	Smulski	1976	M	Dobczyce		00:24:34.2	00:24:43.7	00:49:18.0	88	M40-49/13
105	266	Karolina	Wolaktworzydło	1984	K	Bochnia	Creative Bochnia Biega Team	00:25:40.4	00:23:37.6	00:49:18.0	17	K30-39/7
106	636	Łukasz	Chałupa	1980	M	Krzyszowice		00:25:30.9	00:23:48.0	00:49:19.0	89	M30-39/43
107	53	Agnieszka	Grzechynka	1985	K	Kraków	Go Public	00:25:07.8	00:24:14.1	00:49:22.0	18	K30-39/8
108	232	Marcin	Frankiewicz	1974	M	Narama		00:24:38.3	00:24:48.6	00:49:27.0	90	M40-49/14
109	251	Tomasz	Klimczyk	1989	M	Kazimierza Wielka	POLKAS	00:24:29.3	00:24:59.6	00:49:29.0	91	M30-39/44
110	253	Robert	Kurdział	1968	M	Kraków		00:26:44.4	00:22:45.5	00:49:30.0	92	M50-59/3
111	257	Tomasz	Kwiek	1987	M	Tarnów	crazytomus	00:24:40.9	00:24:54.0	00:49:35.0	93	M30-39/45

112	349	Piotr	Kowal	1995	M	Kraków	#BiegamDlaPiotra2019	00:25:26.1	00:24:10.8	00:49:37.0	94	M14-29/30
113	344	Michał	Morawski	1985	M	Rączna		00:25:29.7	00:24:17.2	00:49:47.0	95	M30-39/46
114	321	Przemysław	Popławski	1975	M	Kraków	Seboradin Sport	00:26:28.7	00:23:22.2	00:49:51.0	96	M40-49/15
115	273	Krzysztof	Barnaś	1977	M	Jodłówka	mcp team	00:24:59.1	00:24:53.8	00:49:53.0	97	M40-49/16
116	46	Michał	Florek	1984	M	Kraków	Wojsko Polskie	00:24:42.6	00:25:10.3	00:49:53.0	98	M30-39/47
117	305	Przemysław	Wojtasik	1985	M	Kraków	catsdonuts	00:25:29.6	00:24:24.3	00:49:54.0	99	M30-39/48
118	119	Paweł	Jargus	1975	M	Podolsze	Podolsze.pl	00:24:30.0	00:25:24.9	00:49:55.0	100	M40-49/17
119	69	Anna	Zajac	1988	K	Kraków		00:25:18.4	00:24:37.5	00:49:56.0	19	K30-39/9
120	136	Tomasz	Wróbel	1978	M	Łowczówek	fi10co20	00:25:38.0	00:24:18.9	00:49:57.0	101	M40-49/18
121	81	Krzysztof	Samek	1979	M	Kaszów		00:24:56.8	00:25:08.1	00:50:05.0	102	M40-49/19
122	24	Janusz	Woźniak	1963	M	Skołyszyn	PORMAT JEDLICZE BIEGA	00:24:48.8	00:25:21.2	00:50:10.0	103	M50-59/4
123	285	Grzegorz	Matyja	1974	M	Oświęcim		00:26:18.0	00:23:59.9	00:50:18.0	104	M40-49/20
124	214	Paweł	Ćwiek	1983	M	Kraków	NAUKA BIEGA	00:24:13.7	00:26:09.3	00:50:23.0	105	M30-39/49
125	170	Malgorzata	Gorniak	1984	K	Krakow	AZS AWF KRAKÓW MASTERS	00:25:13.7	00:25:14.2	00:50:28.0	20	K30-39/10
126	156	Marcel	Skonieczny	2005	M	Goszcza		00:26:23.1	00:24:05.9	00:50:29.0	106	M14-29/31
127	135	Wacław	Ryś	1957	M	Myślenice	Zarabie-Biega	00:25:21.8	00:25:17.1	00:50:39.0	107	M60-99/3
128	230	Paweł	Skalski	1973	M	Mokrzyska	BUDMAX	00:26:09.8	00:24:31.1	00:50:41.0	108	M40-49/21
129	291	Jakub	Ząbczyk	1979	M	Kraków		00:25:04.4	00:25:47.5	00:50:52.0	109	M40-49/22
130	340	Michał	Nakonieczny	1981	M	Rączna		00:26:32.1	00:24:19.8	00:50:52.0	110	M30-39/50
131	1507	Witek	Ligęza	1972	M			00:25:23.0	00:25:30.0	00:50:53.0	111	M40-49/23
132	14	Marcin	Wojas	1976	M	Kraków	SAINT-GOBAIN SQUAD	00:25:09.3	00:25:47.6	00:50:57.0	112	M40-49/24
133	157	Katarzyna	Krzemińska	1991	K	Tarnów		00:25:40.0	00:25:18.9	00:50:59.0	21	K14-29/7
134	125	Sko	Niu	1976	M	Goszcza		00:25:37.2	00:25:22.7	00:51:00.0	113	M40-49/25
135	329	Marcin	Nowak	1991	M	Kamień	RKS Chuwdu	00:25:35.2	00:25:24.7	00:51:00.0	114	M14-29/32
136	52	Katerina	Yunakh	1987	K	Zielonki		00:25:18.2	00:25:50.7	00:51:09.0	22	K30-39/11
137	85	Mikolaj	Zaionc	1981	M	Kraków		00:25:45.8	00:25:29.1	00:51:15.0	115	M30-39/51
138	31	Wojtek	Pamuła	1972	M	Kraków	Woodward Runners	00:25:58.9	00:25:21.0	00:51:20.0	116	M40-49/26
139	73	Ryszard	Mizia	1969	M	Kraków	Kizie Mizie	00:26:00.9	00:25:31.0	00:51:32.0	117	M50-59/5
140	66	Piotr	Pabis	1983	M	Chojnów		00:25:42.6	00:25:55.3	00:51:38.0	118	M30-39/52

141	204	Jerzy	Malarczyk	1973	M	Wieliczka	#AdamCzerwińskiTeam	00:25:51.9	00:25:47.0	00:51:39.0	119	M40-49/27
142	174	Martyna	Jaszczyńska	1992	K	Kraków		00:26:10.4	00:25:29.5	00:51:40.0	23	K14-29/8
143	308	Paweł	Mlostek	1974	M	Rączna		00:25:17.3	00:26:23.6	00:51:41.0	120	M40-49/28
144	4	Max	Czernikiewicz	2003	M	Kraków	Biegamow Kraków	00:28:29.7	00:23:12.2	00:51:42.0	121	M14-29/33
145	198	Rafał	Skrzyński	1984	M	Niepołomice	Runonline.pl	00:26:05.2	00:25:40.7	00:51:46.0	122	M30-39/53
146	359	Mateusz	Rybiec	1993	M	Dobczyce	Emi Runners	00:25:54.5	00:25:55.4	00:51:50.0	123	M14-29/34
147	353	Mirosław	Krawczyk	1958	M	Oświęcim	MJMETAL OŚWIĘCIM	00:26:39.0	00:25:12.9	00:51:52.0	124	M60-99/4
148	207	Agata	Zawiślak	1995	K	Kraków	#szymiteam	00:26:16.3	00:25:35.7	00:51:52.0	24	K14-29/9
149	1508	Joasia	Ligęza	1972	K	Kraków	Smashingpapkins	00:26:13.6	00:25:46.3	00:52:00.0	25	K40-49/5
150	315	Iwona	Krzyżanowska	1990	K	Kraków		00:26:56.0	00:25:09.9	00:52:06.0	26	K14-29/10
151	1520	Tomasz	Pasek	1977	M	Tarnobrzeg	Kostuch	00:26:03.7	00:26:03.2	00:52:07.0	125	M40-49/29
152	79	Andrzej	Kubisztal	1964	M	Tarnów	Cukiernia Kudelski Tarnów	00:25:22.1	00:26:53.8	00:52:16.0	126	M50-59/6
153	274	Wojciech	Malinowski	1959	M	Trzemeśnia		00:26:09.2	00:26:20.7	00:52:30.0	127	M60-99/5
154	337	Tadeusz	Wąsiołek	1964	M	Dąbrowa Szlachecka		00:25:54.8	00:26:41.1	00:52:36.0	128	M50-59/7
155	90	Elżbieta	Jurczyk	1987	K	Kraków		00:26:17.6	00:26:29.3	00:52:47.0	27	K30-39/12
156	239	Mariusz	Ciapała	1973	M	Nowy Sacz		00:26:20.1	00:26:26.8	00:52:47.0	129	M40-49/30
157	78	Piotr	Zaklikiewicz	1975	M	Bielsko-Biała		00:25:57.2	00:26:52.7	00:52:50.0	130	M40-49/31
158	252	Waldemar	Ficek	1979	M	Zawada	Polkas	00:27:37.4	00:25:14.6	00:52:52.0	131	M40-49/32
159	235	Danuta	Dolaś	1973	K	Kraków	Rebellion Of Free Runners	00:27:51.7	00:25:02.2	00:52:54.0	28	K40-49/6
160	18	Marzena	Grzesiak	1981	K	Dąbrowa Szlachecka		00:26:17.6	00:26:42.3	00:53:00.0	29	K30-39/13
161	242	Paulina	Kowalska	1990	K	Krakow		00:27:49.5	00:25:15.4	00:53:05.0	30	K14-29/11
162	320	Marcin	Biernat	1974	M	Zabierzów		00:28:11.1	00:24:56.8	00:53:08.0	132	M40-49/33
163	1505	Wojciech	Biel	1972	M	Bytom		00:28:13.9	00:25:01.0	00:53:15.0	133	M40-49/34
164	352	Janusz	Pater	1978	M	Oświęcim	MJMETAL OŚWIĘCIM	00:27:26.9	00:25:49.0	00:53:16.0	134	M40-49/35
165	109	Adam	Tekieli	1986	M	Niebyła	BASTeam	00:26:40.5	00:26:35.4	00:53:16.0	135	M30-39/54
166	228	Artur	Kapusta	1971	M	Skawina		00:25:39.2	00:27:40.7	00:53:20.0	136	M40-49/36
167	65	Radosław	Woźniczka	1974	M	Kraków	JÓZEFIŃSKA TEAM	00:27:19.5	00:26:01.4	00:53:21.0	137	M40-49/37
168	142	Izabela	Szymura	1976	K	Rybnik	DecathlonPrzyjaciele	00:26:31.6	00:26:49.3	00:53:21.0	31	K40-49/7
169	9	Monika	Mazurek	1974	K	Kraków	Nowa Huta Team	00:28:28.7	00:24:56.2	00:53:25.0	32	K40-49/8

170	10	Dorota	Porębska	1978	K	Kraków	Nowa Huta Team	00:28:29.3	00:24:56.6	00:53:26.0	33	K40-49/9
171	246	Piotr	Gryszka	1972	M	Rząska	J3 TRIATHLON TEAM	00:26:36.8	00:27:01.1	00:53:38.0	138	M40-49/38
172	234	Wojciech	Kowalski	1975	M	Kraków	POLKAS	00:26:04.1	00:27:33.8	00:53:38.0	139	M40-49/39
173	247	Aleksandra	Stelmach-Gryszka	1979	K	Rząska	J3 TRIATHLON TEAM	00:26:41.3	00:26:58.6	00:53:40.0	34	K40-49/10
174	264	Przemysław	Guśtak	1985	M	Tarnów		00:26:23.8	00:27:26.1	00:53:50.0	140	M30-39/55
175	161	Leszek	Szałapak	1971	M	Kraków	skarpety we krwi	00:27:34.3	00:26:15.7	00:53:50.0	141	M40-49/40
176	33	Bartłomiej	Boksa	1980	M	Kraków	KKM Kaloryfer	00:26:19.4	00:27:32.5	00:53:52.0	142	M30-39/56
177	346	Grzegorz	Kicka	1973	M	Wola Filipowska	DOGOŃ KRZESZOWICE	00:28:36.3	00:25:15.6	00:53:52.0	143	M40-49/41
178	169	Łukasz	Kopciuch	1990	M	Ochojno		00:28:30.3	00:25:28.6	00:53:59.0	144	M14-29/35
179	197	Lidia	Broniarek	1978	K	Kraków		00:26:52.4	00:27:09.5	00:54:02.0	35	K40-49/11
180	29	Justyna	Gach-Michalska	1982	K	Rzezawa		00:27:38.9	00:26:24.0	00:54:03.0	36	K30-39/14
181	338	Michał	Musiał	1991	M	Wrząsowice		00:28:24.9	00:25:38.0	00:54:03.0	145	M14-29/36
182	342	Robert	Gniecki	1974	M	Niedomice	Gang Zakręconych Mastersów	00:27:20.3	00:26:49.6	00:54:10.0	146	M40-49/42
183	1521	Maciej	Wywrot	1989	M	Jarosław		00:26:25.7	00:27:48.2	00:54:14.0	147	M30-39/57
184	287	Przemysław	Kołton	1987	M	Donosy		00:26:58.3	00:27:21.6	00:54:20.0	148	M30-39/58
185	182	Bernadetta	Basara	1987	K	Skawina	Treco laser	00:26:27.2	00:27:53.7	00:54:21.0	37	K30-39/15
186	56	Jarosław	Jaśkiewicz	1972	M	Luborzyca	STG NIEPOŁOMICE	00:26:02.3	00:28:19.6	00:54:22.0	149	M40-49/43
187	30	Joanna	Iwulska	1982	K	Szarów		00:27:36.7	00:26:52.2	00:54:29.0	38	K30-39/16
188	311	Grzegorz	Michałowski	1971	M	Tarnów		00:27:27.0	00:27:03.9	00:54:31.0	150	M40-49/44
189	11	Agata	Tylek	1980	K	Brzyczyna	Skawina Biega	00:27:16.6	00:27:23.3	00:54:40.0	39	K30-39/17
190	238	Józef	Pietruszka	1962	M	Rudawa	Zabierzów Biega	00:27:46.8	00:27:00.1	00:54:47.0	151	M50-59/8
191	112	Joanna	Macieszko	1984	K	Kraków		00:26:53.6	00:27:54.3	00:54:48.0	40	K30-39/18
192	263	Artur	Łabędź	1998	M	Kraków	ITMBW Kraków	00:27:41.5	00:27:06.4	00:54:48.0	152	M14-29/37
193	240	Marcin	Krygier	1977	M	Gdynia	Szybkobieźny Żółw	00:27:29.2	00:27:27.7	00:54:57.0	153	M40-49/45
194	366	Łukasz	Tworzydło	1990	M	Brzesko	Brak	00:28:54.2	00:26:22.7	00:55:17.0	154	M14-29/38
195	318	Edyta	Gajda	1975	K	Węgrzce Wielkie		00:27:39.9	00:27:39.0	00:55:19.0	41	K40-49/12
196	331	Dagmara	Pyż	1975	K	Zaskale	Runonline.pl	00:28:02.1	00:27:17.8	00:55:20.0	42	K40-49/13
197	95	Tomek	Ryś	1996	M	Czernichów		00:28:39.7	00:26:54.2	00:55:34.0	155	M14-29/39
198	278	Piotr	Dzik	1983	M	Kraków		00:27:59.8	00:27:40.1	00:55:40.0	156	M30-39/59

199	5	Dawid	Bąkiewicz	2003	M	Kraków	Biegamow Kraków	00:29:58.6	00:26:02.3	00:56:01.0	157	M14-29/40
200	1512	Grzegorz	Krowicki	1983	M	Kraków		00:30:12.6	00:25:49.3	00:56:02.0	158	M30-39/60
201	341	Arkadiusz	Ciaputa	2001	M	Stróża		00:28:23.2	00:27:40.7	00:56:04.0	159	M14-29/41
202	330	Michał	Mierzyński	1997	M	Kraków		00:27:51.9	00:28:20.0	00:56:12.0	160	M14-29/42
203	2	Krzysztof	Zasadzki	2003	M	Kraków	Biegamow Kraków	00:29:59.1	00:26:13.8	00:56:13.0	161	M14-29/43
204	343	Mateusz	Grochal	2004	M	Niepołomice		00:29:40.4	00:26:37.5	00:56:18.0	162	M14-29/44
205	153	Marzena	Łabęcka	1994	K	Staszów		00:28:34.2	00:27:48.7	00:56:23.0	43	K14-29/12
206	6	Olivier	Węglowski	2004	M	Kraków	Biegamow Kraków	00:29:57.6	00:26:31.3	00:56:29.0	163	M14-29/45
207	284	Olivier	Kaczmarek	1986	M	Argenteuil	mcp team	00:28:32.3	00:27:57.6	00:56:30.0	164	M30-39/61
208	129	Beata	Jasnowska	1971	K	Grodzisko	PRSP	00:28:31.4	00:27:59.5	00:56:31.0	44	K40-49/14
209	108	Wojciech	Duda	1972	M	Buków	Skawina Biega	00:28:40.2	00:27:50.7	00:56:31.0	165	M40-49/46
210	186	Anna	Hajto	1977	K	Kraków		00:28:41.3	00:27:50.6	00:56:32.0	45	K40-49/15
211	8	Beata	Kajdas	1975	K	Mogilany		00:28:05.1	00:28:30.8	00:56:36.0	46	K40-49/16
212	190	Damian	Trela	1985	M	Modlniczka		00:29:33.2	00:27:25.7	00:56:59.0	166	M30-39/62
213	138	Anna	Kromka	1965	K	Czułówek		00:28:11.4	00:28:49.5	00:57:01.0	47	K50-59/1
214	362	Marta	Wysocka	1979	K	Kraków		00:29:41.0	00:27:21.9	00:57:03.0	48	K40-49/17
215	93	Mariola	Marszałek	1969	K	Rzezawa	mcp team	00:29:29.9	00:27:47.0	00:57:17.0	49	K50-59/2
216	192	Magdalena	Wnękowicz	1985	K	Limanowa		00:28:34.7	00:28:45.2	00:57:20.0	50	K30-39/19
217	213	Bartłomiej	Pilarski	1981	M	Libiąż	Wyznawcy Bronka Libiąż	00:29:41.8	00:27:45.1	00:57:27.0	167	M30-39/63
218	38	Ewa	Kozień	1961	K	Maslomiąca	Pysiek	00:27:55.9	00:29:33.0	00:57:29.0	51	K50-59/3
219	172	Wacław	Kucia	1966	M	Młynka		00:28:40.6	00:28:48.3	00:57:29.0	168	M50-59/9
220	139	Wioletta	Kucińska	1993	K	Świątniki Górne		00:30:10.9	00:27:18.0	00:57:29.0	52	K14-29/13
221	101	Piotr	Liszka	1994	M	Kraków		00:30:03.5	00:27:27.4	00:57:31.0	169	M14-29/46
222	180	Maciej	Grzesiak	1975	M	Kraków		00:29:24.3	00:28:10.6	00:57:35.0	170	M40-49/47
223	60	Agnieszka	Podolecka-Serwin	1974	K	Staniątki		00:29:00.7	00:28:40.2	00:57:41.0	53	K40-49/18
224	76	Beata	Kuder	1970	K	Czechowice-Dziedzice		00:28:33.7	00:29:08.2	00:57:42.0	54	K40-49/19
225	42	Monika	Sęk	1988	K	Wieliczka	#AdamCzerwińskiTeam	00:27:26.4	00:30:15.5	00:57:42.0	55	K30-39/20
226	35	Szymon	Mamcarz	1990	M	Sucha Beskidzka	SuskiBiegacz	00:28:27.1	00:29:24.8	00:57:52.0	171	M14-29/47
227	368	Mirek	Piekarz	1974	M	Zabierzów		00:29:02.6	00:28:53.3	00:57:56.0	172	M40-49/48



228	295	Magdalena	Wójtowicz	1992	K	Myślenice	Super Team	00:30:09.0	00:27:48.9	00:57:58.0	56	K14-29/14
229	67	Iza	Miernik	1994	K	Kraków		00:28:34.7	00:29:28.2	00:58:03.0	57	K14-29/15
230	106	Stanisław	Bektas	2003	M	Kraków	THE LIONS OF RUNNING	00:29:44.3	00:28:29.7	00:58:14.0	173	M14-29/48
231	292	Urszula	Kęder	1969	K	Niepołomice	ITMBW - Kraków	00:29:20.7	00:28:57.2	00:58:18.0	58	K50-59/4
232	248	Dorota	Kowalska	1980	K	Limanowa		00:28:35.4	00:29:44.5	00:58:20.0	59	K30-39/21
233	194	Krzysztof	Krawczyk	1984	M	Kraków		00:29:49.1	00:28:31.9	00:58:21.0	174	M30-39/64
234	13	Łukasz	Czarny	1983	M	Kraków	wkurw_team	00:29:23.9	00:28:57.1	00:58:21.0	175	M30-39/65
235	162	Sandra	Stanisławska	1999	K	Kraków		00:29:34.2	00:29:05.7	00:58:40.0	60	K14-29/16
236	61	Marian	Serwin	1975	M	Staniątki		00:29:14.1	00:29:37.8	00:58:52.0	176	M40-49/49
237	3	Jakub	Remisz	2004	M	Kraków	Biegamow Kraków	00:29:58.4	00:28:57.5	00:58:56.0	177	M14-29/49
238	34	Adriana	Sadowińska	1970	K	Kraków	Nowa Huta Team	00:29:41.6	00:29:15.3	00:58:57.0	61	K40-49/20
239	250	Aleksandra	Rogała	1994	K	Kraków	KKM Kaloryfer	00:30:09.3	00:28:47.6	00:58:57.0	62	K14-29/17
240	54	Piotr	Stawiarski	1980	M	Rybna		00:29:56.3	00:29:03.6	00:59:00.0	178	M30-39/66
241	94	Aleksandra	Leśniak	1991	K	Kraków		00:28:40.9	00:30:20.0	00:59:01.0	63	K14-29/18
242	75	Lidia	Pawelec	1966	K	Bielsko-Biała		00:29:22.5	00:29:39.4	00:59:02.0	64	K50-59/5
243	268	Elżbieta	Rudzińska	1981	K	Jaroszówka		00:29:24.3	00:29:41.6	00:59:06.0	65	K30-39/22
244	74	Tadeusz	Frycz	1960	M	Świętoszówka		00:29:19.8	00:29:47.1	00:59:07.0	179	M50-59/10
245	307	Katarzyna	Mlostek	1976	K	Rączna		00:29:01.1	00:30:10.8	00:59:12.0	66	K40-49/21
246	37	Barbara	Sosnowska	1971	K	Kraków	Lacho Team	00:31:55.9	00:27:20.0	00:59:16.0	67	K40-49/22
247	32	Anna	Boksa	1982	K	Kraków	KKM Kaloryfer	00:30:09.1	00:29:15.8	00:59:25.0	68	K30-39/23
248	270	Bartłomiej	Pabjan	1985	M	Kraków	KS Zimne Piwo	00:30:47.2	00:28:37.8	00:59:25.0	180	M30-39/67
249	262	Agnieszka	Martyna	1974	K	Kraków	Zabierzów Biega	00:29:16.8	00:30:22.1	00:59:39.0	69	K40-49/23
250	206	Basia	Stawinoga	1983	K	Kraków		00:29:24.1	00:30:14.9	00:59:39.0	70	K30-39/24
251	189	Krzysztof	Fikas	1959	M	Myślenice		00:29:59.6	00:29:43.3	00:59:43.0	181	M60-99/6
252	183	Maciej	Łosiński	1989	M	Poznań	MACS PL	00:29:53.6	00:29:50.3	00:59:44.0	182	M30-39/68
253	231	Patrycja	Skalska	1999	K	Mokrzyska	BUDMAX	00:28:57.5	00:30:54.4	00:59:52.0	71	K14-29/19
254	45	Wojciech	Tokarz	1991	M	Dobczyce	Rozbiegane Dobczyce	00:30:12.2	00:29:45.7	00:59:58.0	183	M14-29/50
255	258	Marta	Kopeć	1992	K	Proszowice	Nowa Huta Team	00:30:11.0	00:29:48.9	01:00:00.0	72	K14-29/20
256	333	Beata	Chomnicka	1970	K	Kraków	Potwór i Spółka	00:30:11.3	00:29:58.6	01:00:10.0	73	K40-49/24

257	205	Arkadiusz	Pietrukowicz	1978	M	Kraków		00:30:19.5	00:30:00.4	01:00:20.0	184	M40-49/50
258	233	Małgorzata	Frankiewicz	1973	K	Narama		00:29:34.8	00:30:53.1	01:00:28.0	74	K40-49/25
259	222	Jarosław	Jurecki	1976	M	Wieliczka		00:30:46.1	00:29:47.8	01:00:34.0	185	M40-49/51
260	300	Monika	Mól	1979	K	Kraków		00:29:42.0	00:30:59.9	01:00:42.0	75	K40-49/26
261	97	Katarzyna	Łuszczek	1994	K	Kraków		00:31:04.5	00:29:51.4	01:00:56.0	76	K14-29/21
262	271	Maciej	Pabjan	1993	M	Tarnów	Ks Zimne Piwo	00:31:08.0	00:30:03.9	01:01:12.0	186	M14-29/51
263	181	Maksymilian	Wilk	1973	M	Nowy Sącz		00:30:53.0	00:30:21.9	01:01:15.0	187	M40-49/52
264	200	Natalia	Kępa	1992	K	Kraków	Amatorska Grupa Biegowa Biegunka	00:32:58.8	00:28:23.1	01:01:22.0	77	K14-29/22
265	277	Agnieszka	Cichoń	1974	K	Kraków		00:30:30.0	00:30:53.9	01:01:24.0	78	K40-49/27
266	126	Edyta	Klita	1990	K	Kaszów		00:30:35.6	00:30:50.3	01:01:26.0	79	K14-29/23
267	249	Ania	Marszalek	1980	K	Krakow		00:30:51.7	00:30:43.2	01:01:35.0	80	K30-39/25
268	187	Anna	Borowska-Abdeljaoued	1985	K	Krakow	G. O. A. T. Team Michalowice	00:30:33.1	00:31:09.8	01:01:43.0	81	K30-39/26
269	115	Małgorzata	Behounek	1961	K	Zakopane	Towarzystwo Gimnastyczne Sokół Zakopane	00:30:36.0	00:31:11.9	01:01:48.0	82	K50-59/6
270	209	Piotr	Karcz	1969	M	Liszki		00:32:02.4	00:29:49.5	01:01:52.0	188	M50-59/11
271	184	Daniel	Słowik	1987	M	Żabno	Gang Zakręconych Mastersów	00:31:45.4	00:30:10.5	01:01:56.0	189	M30-39/69
272	322	Karolina	Szumlańska	1997	K	Żabno	Gang Zakręconych Mastersów	00:31:44.6	00:30:12.4	01:01:57.0	83	K14-29/24
273	25	Lidia	Woźniak	1967	K	Skołyszyn	PORMAT JEDLICZE BIEGA	00:29:54.9	00:32:07.0	01:02:02.0	84	K50-59/7
274	59	Katarzyna	Wadas	1970	K	Kraków	Nowa Huta Team	00:31:18.5	00:30:55.4	01:02:14.0	85	K40-49/28
275	244	Dorota	Gala	1968	K	Czernichów		00:32:37.3	00:29:38.6	01:02:16.0	86	K50-59/8
276	107	Monika	Burda	1974	K	Kraków	#AdamCzerwińskiTeam	00:31:38.2	00:30:41.7	01:02:20.0	87	K40-49/29
277	201	Arkadiusz	Wałaszek	1987	M	Zielonki		00:30:29.0	00:31:55.9	01:02:25.0	190	M30-39/70
278	58	Agnieszka	Litwin	1970	K	Kraków	Nowa Huta Team	00:31:31.2	00:30:56.8	01:02:28.0	88	K40-49/30
279	312	Paulina	Lis	1987	K	Myślenice	liski biegają	00:29:18.9	00:33:15.0	01:02:34.0	89	K30-39/27
280	345	Ewa	Pałka	1976	K	Limanowa		00:30:15.6	00:32:20.3	01:02:36.0	90	K40-49/31
281	364	Mariusz	Lach	1984	M	Liszki		00:31:21.2	00:31:24.7	01:02:46.0	191	M30-39/71
282	615	Małgorzata	Słota	1979	K	Dabrowka	1979	00:32:04.9	00:30:45.0	01:02:50.0	91	K40-49/32
283	105	Joanna	Orlińska	1975	K	Gaj	Skawina Biega	00:32:59.3	00:30:16.6	01:03:16.0	92	K40-49/33
284	149	Teresa	Funket	1986	K	Kraków		00:31:29.8	00:31:46.1	01:03:16.0	93	K30-39/28
285	323	Agnieszka	Wiśniowska	1984	K	Kraków		00:32:43.3	00:30:37.6	01:03:21.0	94	K30-39/29

286	306	Krzysztof	Lechowicz	1975	M	Żabno	Gang Zakręconych Mastersów	00:31:45.7	00:31:38.2	01:03:24.0	192	M40-49/53
287	165	Mateusz	Łapa	1986	M	Kraków		00:29:48.8	00:33:40.1	01:03:29.0	193	M30-39/72
288	132	Ewa	Walczak	1989	K	Kraków	ITMBW Kraków	00:32:30.0	00:31:07.0	01:03:37.0	95	K30-39/30
289	216	Monika	Pabian	1978	K	Tarnów	biegamchoćnielubię	00:32:55.8	00:30:42.1	01:03:38.0	96	K40-49/34
290	336	Wioletta	Postawa	1978	K	Tarnów	próba	00:32:56.4	00:30:42.5	01:03:39.0	97	K40-49/35
291	23	Małgorzata	Buczek	1983	K	Zagacie	#CałyWyżrałBiega	00:30:52.7	00:32:53.3	01:03:46.0	98	K30-39/31
292	22	Andrzej	Walczyk	1987	M	Kraków	KKM KALORYFER	00:31:29.2	00:32:19.7	01:03:49.0	194	M30-39/73
293	144	Tadeusz	Kowalczyk	1954	M	Kraków		00:31:30.4	00:32:33.5	01:04:04.0	195	M60-99/7
294	26	Hanna	Jakubek	1960	K	Skawina	Skawina Biega	00:31:30.6	00:32:54.3	01:04:25.0	99	K50-59/9
295	303	Ewelina	Żak	1985	K	Przebinia Duchowna		00:32:15.3	00:32:29.6	01:04:45.0	100	K30-39/32
296	173	Lidia	Kucia	1974	K	Młynka		00:31:33.7	00:33:15.2	01:04:49.0	101	K40-49/36
297	317	Bartłomiej	Olearczyk	1982	M	Dębica	Dębickie Gepardy	00:32:45.0	00:32:06.9	01:04:52.0	196	M30-39/74
298	221	Kamil	Filip	1982	M	Kraków		00:32:30.4	00:32:48.5	01:05:19.0	197	M30-39/75
299	220	Magdalena	Olszowska-Filip	1985	K	Kraków		00:33:05.7	00:32:13.2	01:05:19.0	102	K30-39/33
300	68	Karolina	Pośnik	1988	K	Baranówka		00:33:20.6	00:32:23.3	01:05:44.0	103	K30-39/34
301	152	Katarzyna	Czwaniuk	1982	K	Kryspinow		00:32:07.9	00:33:39.0	01:05:47.0	104	K30-39/35
302	103	Kasia	Ciszek	1991	K	Kraków		00:33:27.0	00:32:35.9	01:06:03.0	105	K14-29/25
303	102	Tomek	Ostrowski	1994	M	Kraków		00:33:27.4	00:32:37.5	01:06:05.0	198	M14-29/52
304	369	Anna	Rajca	1979	K	Liszki		00:33:13.2	00:33:05.7	01:06:19.0	106	K40-49/37
305	72	Marta	Mizia	1976	K	Kraków	Kizie Mizie	00:33:13.0	00:33:05.9	01:06:19.0	107	K40-49/38
306	226	Tomasz	Mamak	1976	M	Izdebnik		00:33:25.9	00:33:06.0	01:06:32.0	199	M40-49/54
307	191	Barbara	Karcz	1988	K	Kornatka	Dzieło Pomocy Św. Ojca Pio	00:33:10.4	00:33:22.5	01:06:33.0	108	K30-39/36
308	104	Umit	Bektas	1979	M	Krakow	THE LIONS OF RUNNING	00:32:45.0	00:33:59.9	01:06:45.0	200	M40-49/55
309	219	Krzysztof	Siwek	1972	M	Podłęże		00:35:56.5	00:31:15.4	01:07:12.0	201	M40-49/56
310	279	Małgorzata	Rudkowska	1988	K	Myslenice		00:33:01.5	00:34:20.4	01:07:22.0	109	K30-39/37
311	122	Małgorzata	Hofman	1970	K	Kraków	PRSP	00:32:55.2	00:35:24.7	01:08:20.0	110	K40-49/39
312	193	Ireneusz	Kopczyk	1963	M	Chelmek	Amatorska Grupa Biegowa BIEGUNKA	00:34:11.0	00:34:14.9	01:08:26.0	202	M50-59/12
313	276	Sławomir	Piegzik	1983	M	Libiąż	Amatorska Grupa Biegowa BIEGunka	00:34:10.8	00:34:16.1	01:08:27.0	203	M30-39/76
314	327	Katarzyna	Lis	1989	K	Myślenice		00:33:28.0	00:35:33.9	01:09:02.0	111	K30-39/38

315	1519	Jacek	Feliksiak	1981	M	Krzeszowice	Black Roll	00:33:42.6	00:36:00.3	01:09:43.0	204	M30-39/77
316	357	Wiesław	Kołek	1969	M	Jastew		00:34:11.3	00:35:41.7	01:09:53.0	205	M50-59/13
317	354	Stanisław	Rogóż	1961	M	Wola Kalinowska		00:33:26.3	00:36:43.6	01:10:10.0	206	M50-59/14
318	356	Teresa	Rogóż	1966	K	Wola Kalinowska		00:33:25.9	00:36:45.0	01:10:11.0	112	K50-59/10
319	335	Agnieszka	Bachowicz	1977	K	Niepołomice	FitClub24 Niepołomice	00:33:51.0	00:36:44.9	01:10:36.0	113	K40-49/40
320	145	Agata	Kołodzyńska	1988	K	Kraków		00:35:44.5	00:34:57.4	01:10:42.0	114	K30-39/39
321	160	Judyta	Gutowska-Siwiek	1986	K	Zakrzów		00:35:44.3	00:34:57.6	01:10:42.0	115	K30-39/40
322	260	Adrian	Szafran	1984	M	Libiąż	Amatorska Grupa Biegowa BIEGunka	00:36:49.6	00:34:19.4	01:11:09.0	207	M30-39/78
323	210	Ewa	Porada	1980	K	Kraków	amatorska grupa	00:36:35.4	00:34:33.6	01:11:09.0	116	K30-39/41
324	259	Beata	Dudek	1991	K	Imielin	Amatorska Grupa Biegowa BIEGunka	00:36:35.2	00:34:34.8	01:11:10.0	117	K14-29/26
325	328	Monika	Dominik	1993	K	Krosno	Heineken Kraków Running Club	00:36:18.7	00:35:02.2	01:11:21.0	118	K14-29/27
326	98	Magdalena	Sitarz	1964	K	Kraków		00:34:46.7	00:36:52.2	01:11:39.0	119	K50-59/11
327	309	Filip	Jałocha	1994	M	Rączna		00:35:47.3	00:35:58.7	01:11:46.0	208	M14-29/53
328	100	Agnieszka	Krzyszewska	1987	K	Kraków		00:34:49.2	00:37:25.7	01:12:15.0	120	K30-39/42
329	779	Basia	Świdzińska-Szwed	1970	K	Krzysztoforzyce	RunningPerformance.PL	00:34:42.4	00:37:37.5	01:12:20.0	121	K40-49/41
330	223	Ilona	Limanowska	1998	K	Kraków	OTCF S.A.	00:37:03.6	00:37:10.4	01:14:14.0	122	K14-29/28
331	217	Magdalena	Żak	1982	K	Nowa Wieś Szlachecka		00:36:15.1	00:38:06.8	01:14:22.0	123	K30-39/43
332	218	Anna	Poniedziałek	1979	K	Piekary		00:36:16.7	00:38:06.3	01:14:23.0	124	K40-49/42
333	164	Monika	Sroka	1976	K	Kaszów		00:36:17.1	00:38:05.8	01:14:23.0	125	K40-49/43
334	255	Iwona	Kawa	1978	K	Katowice		00:37:28.2	00:37:07.7	01:14:36.0	126	K40-49/44
335	254	Tomasz	Kawa	1978	M	Katowice		00:37:28.0	00:37:08.9	01:14:37.0	209	M40-49/57
336	130	Joanna	Kamińska	1954	K	Kraków	Night Runners	00:37:02.9	00:38:24.0	01:15:27.0	127	K60-99/1
337	1506	Katarzyna	Borkowska-Nowak	1984	K	Włowice		00:38:18.5	00:37:22.5	01:15:41.0	128	K30-39/44
338	319	Mateusz	Wroński-Tusik	1973	M	Limanowa	MKS Limanovia	00:38:19.6	00:38:21.3	01:16:41.0	210	M40-49/58
339	133	Stefanie	Friedrich	1989	K	Liszki		00:37:20.6	00:39:29.3	01:16:50.0	129	K30-39/45
340	1504	Jan	Jakocho	1962	M	Wołowice		00:37:48.3	00:40:01.6	01:17:50.0	211	M50-59/15
341	178	Władysław	Rabski	1962	M	Skomielna Biała		01:18:19.0	---:---:--	---:---:--	212	M50-59/16